



◆ Week 4

◆ 19 August 2024



Editorial Note:

Dear Friends,

This week we have a short reflection, “Where is our Heart”, Invitation from Heart of Life Centre for Spiritual & Pastoral Formation for its programs, including the internationally-renowned **Siloam Program for the Formation of Spiritual Directors**. A **Taster Session** via Zoom of Heart of Life’s formation programs will be held on Saturday 7th September from 9.30am – 11am— lastly, a Flyer for SVD’s Mission Day.

Enjoy Reading!

Extra-Curricular Activities to Remember!

23 August –

Outreach Program to the Aged Care Facility.

20 September –

Cultural Night

18 October –

Volleyball Game

Please come and join us!

THE DIVINE WORD MISSIONARIES CORDIALLY INVITE YOU TO THE
SVD ANNUAL
MISSION DAY 2024

WITNESSING TO THE LIGHT
FROM EVERYWHERE FOR EVERYONE

Saturday, 12th October 2024

TIMES
3:00 PM - MISSION DAY SEMINAR
6:00 PM - MISSION DAY EUCHARIST
7:00 PM - MULTI-CULTURAL MEAL

WHERE?
YARRA THEOLOGICAL UNION
98 ALBION ROAD,
BOX HILL, VIC. 3128

MORE DETAILS TO COME



Outreach Program to the Aged Care Facility

Date: Friday, 23rd August 2024

Time: 2:00 – 3:00 pm

Place: [VMCH Ashwood](#)

Please come and join us! If you are interested, please see Sulita.

Pilgrims Journey

Where is our Heart?

I heard a story once: An old pilgrim was making his way to a shrine high in the Himalayas. It was winter, and a storm was coming. He stopped in a village along the way, and the villagers tried to dissuade him from going further. The wind picked up, and more snow was coming. They asked, "What makes you think you'll even get there? But the old man answered, "My heart is already there. It's easy for the rest of me to follow".

Where is our heart? In any given situation, that may be easy, or it may be tough. It may be delightful or sacrificial. In each case, it will be our hearts responding to love with love.

Abide and Seek

By: Fr Mark A. Villano, CSP, *Journey to Jerusalem*

TASTER SESSION VIA ZOOM 2025 SILOAM • LET THE HEART LISTEN DAMASCUS SPIRITUAL LEADERS • EMMAUS

Come and see, via Zoom
Saturday 7 September 2024, 9.30am-11am AEST

The aim at Heart of Life is to be attuned to the Spirit of God in ourselves and in the other person. We offer you the opportunity to experience a taste of one of the programs below via a facilitated gathering on Zoom. For more information and testimonials, please visit our website www.heartoflife.melbourne

Siloam is a program for the formation of competent spiritual directors. Those sensing a call to this ministry engage in an intense program of personal and professional transformation, through the experience of contemplative listening and discernment. The program prepares them to listen deeply to others, inviting them to recognise the presence of the Sacred Mystery in their everyday lives.

Emmaus is a program for the formation of supervisors that draws directly on the encounter between two disciples and Jesus on the road to Emmaus identified in Luke. Jesus enables the disciples' eyes to be opened with the dual meaning of recognising the risen Christ and experiencing deeper insights. Emmaus provides a powerful learning environment with small group work, theory and practise. Participants develop confidence, wisdom and skill to provide discerning supervisory accompaniment.

Damascus Spiritual Leaders is designed for people in positions of leadership, spiritual formation or outreach ministry. It focuses on personal integration of the theory and practice of a contemplative and discerning approach to pastoral ministry.

Let the Heart Listen invites participants to enter into a process of transformation, connecting them with the deeper mysteries of their own hearts. It encourages them to open their hearts in compassion for, and connection to and with others, and to deepen their relationship with their Divine Companion, especially in the vulnerable aspects of their own lives.

Heart of Life programs, in practice and in their study components, are based on experiential learning. Our lived history, our relationship with the Holy, our place in family and community, our desires and vulnerability make us who we are, and who we might yet become.

Register for ONE of the above at:
<https://www.heartoflife.melbourne/events/taster-session-3/>



Heart of Life

Centre for Spiritual & Pastoral Formation

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